



aloeTM
unique

planner

“

BELONGS TO

”

SKIN CARE | SCHEDULES | NOTES

Calendar 2024

JANUARY

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |

FEBRUARY

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | | | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | | |

MARCH

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 | | | | | | |

APRIL

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | | | | |

MAY

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 | |

JUNE

| S | M | T | W | T | F | S |
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| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | | | | | | |

JULY

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |

AUGUST

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | | | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |

SEPTEMBER

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | | | | | |

OCTOBER

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 | | |

NOVEMBER


| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |

DECEMBER

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | | | | |

MY SKIN CARE

checklist

- 
- ☐ Eat healthy food
 - ☐ Exercise everyday
 - ☐ Get plenty of sleep
 - ☐ Manage your stress level
 - ☐ Change your pillow case
 - ☐ Apply sunscreen
 - ☐ Remove your make up
 - ☐ Apply moisturizer

"YOUR ENERGY IS CURRENCY.
SPEND IT WELL. INVEST IT
WISELY."

Birthday CALENDAR

January

February

March

April

May

June

July

August

September

October

November

December

MY SKIN CARE

Routine

PRODUCT NAME/S

MORNING ROUTINE

EVENING ROUTINE

WATER TRACKER



SLEEP TRACKER

1 2 3 4 5 6 7 8 9 10 11 12

Daily PLANNER

DATE:

S M T W T F S

MOOD:



“

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TODAY'S GOALS



TODAY'S APPOINTMENT:

TIME:

EVENT:

| | |
|--|--|
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| | |

WEATHER:



REMINDER TO:



EXERCISE:



TOTAL MINUTES:

TOTAL STEPS:

| |
|--|
| |
| |

WATER INTAKE:



MEAL TRACKER:

BREAKFAST:

LUNCH:

DINNER:

SNACKS:

| | |
|--|--|
| | |
| | |

TO CALL OR EMAIL:

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| |
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| |
| |

MONEY TRACKER:

MONEY IN:

FROM:

MONEY OUT:

FOR:

| | |
|--|--|
| | |
| | |

TODAY I AM GRATEFUL FOR:

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| |



FOR TOMORROW:

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| |
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| |



30

day

Self-Love Challenge

aloe unique[™]



| | | | | |
|----------------------------------|--------------------|--------------------------------|-------------------------|------------------------|
| Read a Book for 15 Minutes | Take a Good Nap | Adopt a new good habit | Do your hobby | Go on a picnic |
| Start a day free of social media | Take Some Exercise | Say no to something | Try a new Recipe | Meditate |
| Go for a walk | Treat yourself | Listen to an inspiring podcast | Learn a new skill | Catch up with a friend |
| Define what gives you stress | Make a bucket list | Set a new short-term goal | Organise your room | Create a self-care kit |
| Try 30 minutes of yoga | Help someone | Schedule a game night | Connect with nature | Plan out the day |
| Ask for help | Watch the sunset | Compliment someone | Avoid negative thoughts | Start a journal |

MY WEEKLY *Planner*

WEEK OF: _____

MON

TUE

WED

THU

FRI

SAT

SUN

WEEK GOALS

PRIORITIES

☐☐☐☐☐

"WHAT A GOOD DAY TO BE PROUD OF ALL THE PROGRESS YOU'VE MADE"

Weekly

MEAL PLANNER

M O N D A Y

Breakfast

Lunch

Dinner

Snacks

T U E S D A Y

Breakfast

Lunch

Dinner

Snacks

W E D N E S D A Y

Breakfast

Lunch

Dinner

Snacks

T H U R S D A Y

Breakfast

Lunch

Dinner

Snacks

F R I D A Y

Breakfast

Lunch

Dinner

Snacks

S A T U R D A Y

Breakfast

Lunch

Dinner

Snacks

S U N D A Y

Breakfast

Lunch

Dinner

Snacks

MY SKINCARE

Reviews

ITEM

BRAND

PRICE

EXPIRE

OVERALL REVIEWS



PURCHASE AGAIN: YES NO

Monthly PLANNER

Month :

| | | | | | | |
|----|----|----|--------|----|----|----|
| 01 | 02 | 03 | 04 | 05 | 06 | 07 |
| 08 | 09 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | Notes: | | | |

Monthly Goals

Appointments

☐
☐
☐

Steps to Take

"FILTERS ARE
GREAT, BUT
FEELING
GOOD IN
YOUR SKIN IS
BETTER"

MONTHLY

Budget Planner

Month / Year

Income

List Of Income

Amount

1.

2.

3.

Total Income

Expenses

Bill & Expenses

Due

Amount

1.

2.

3.

4.

5.

6.

7.

8.

9.

Total Income

Total Saving

"IF IT DOESN'T NOURISH YOUR SKIN OR SOUL...LET IT GO!"

Breakout TRACKER

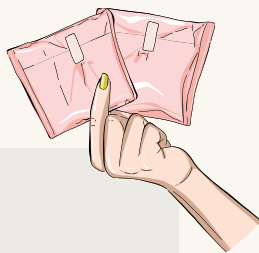
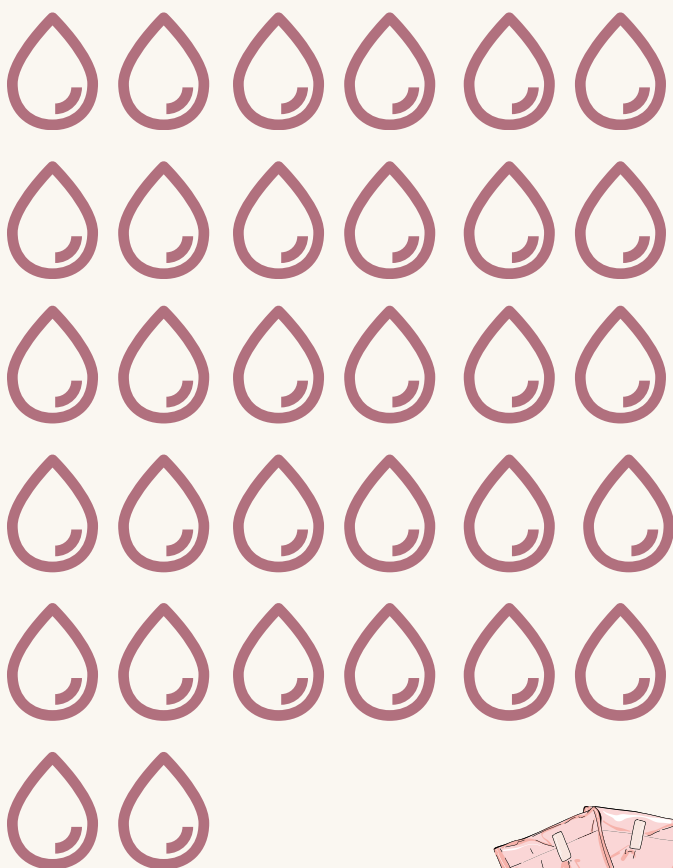
MONTH OF :

| MILD | | | | | | | | |
|-------|----|----|----|----|----|----|----|----|
| NOTES | | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |

| MODERATE | | | | | | | | |
|----------|----|----|----|----|----|----|----|----|
| NOTES | | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |

| SEVERE | | | | | | | | |
|--------|----|----|----|----|----|----|----|----|
| NOTES | | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |

Period TRACKER



My Notes

Description

Start



End



Food to Avoid



Mood

TRACKER

Happy ✓

Angry ✓

sad ✓

Stressed ✓

1

2

3

4

5

6

7

8

9

10

11

12

13

14

15

16

17

18

19

20

21

22

23

24

25

26

27

28

29

30

31

"YOUR SKIN IS
90% OF YOUR
SELFIE"

NOTES



"When you focus on the good; the good gets better"